MAY 2020 VOL. 9



MARYSVILLE NEWSLETTER

PRINCIPAL'S MESSAGE

Dear Marysville Families,

This is certainly not the message that I imagined I would be writing to you towards the end of my first year as your principal. However, I can confidently say that no matter what the circumstances, I am always grateful and honored to be a part of Marysville School.

Thank you all for your patience, understanding and support as we have moved into distance-learning for the remainder of this school year. My priority has been to maintain our connection with each student and with you. Relationships are the foundation of our mantra and your Marysville staff is committed to keep this reality, even while we are physically separated.

During times of significant challenge, I have found it helpful to remember what I have learned about realistic optimism and its importance for resilience. It tells me that as optimists we don't have to be blind to the realities, but we can see opportunity in adversity. We are finding new possibilities and new solutions. We are learning from our communities that already know so well how to maintain strong connections over distances. I believe that collectively we will be able to take what we are learning from this current situation and create a school that is even better than it ever was.

I invite anyone to share with me your insights, new understandings or stories of success despite difficulties. Finally, when things are different and life changes drastically, it is easy to forget self-care in the scramble to keep up. I encourage you to continue to balance your needs and health with the important needs of others.

-Cathy Murray Principal 971-413-1090

FROM THE HEALTH OFFICE

Hello Marysville Families!

As we go into a new way of finishing our school year, I am reminded of how I am not able to remind our kids of little things in person.

Immunizations are no exception to this. With this time, once our restrictions are lifted, it is a great opportunity to get your child updated on their immunizations and ready for fall. This will be especially important for our students going into 7th grade in the fall. We often forget that they need a Tdap booster at this time. So please take the time to get immunizations up to date. If you have questions you can check out this website for more information:

https://www.oregon.gov/oha/ph/preventionwell ness/pages/index.aspx

We still have some housekeeping items on our lists that include you. We will be contacting families that have medications in the office to be picked up. This will be a scheduled one day event that we are currently coordinating with PPS to maintain safety and social distancing guidelines. We will be calling to set up times to come in and pick up the medication, and sign it out. Heidi Linn, RN will be making calls to families as soon as we have the date set. I will see you at the school and we will sign out any items that were signed in earlier in the year. Any uncollected medication will be disposed of per FDA auidelines.

As always, I hope everyone is well and safe and I look forward to seeing you all in the fall!

-Vicky G, School Health Assistant

NEW SCHOOL SECRETARY



Please welcome Melinda Leong, Marysville's new school secretary.

Melinda comes to us with 30 years of experience in education as a former teacher, director, and adviser. "I am so excited to join the Marysville community to both learn from and serve families and staff!"

She lives in Southeast Portland with her husband, daughter, son, and dog, Kaya. Melinda enjoys bike riding, beach walks, forest hikes, and gardening. She looks forward to meeting you all in person!

TAG NEWS

Families that have students that were tested for TAG: The district will be notifying you soon on whether your child qualifies or not.

FAMILY CLUB

School may be cancelled, but Marysville families are still a community. Now more than ever, we encourage you to join our online groups to share thoughts and resources during this uncertain time. Please email marysvillefamilyclub@gmail.com to request being added to the Family Club email group. On facebook, join our Facebook group called Marysville School Community Group. Family Club has leadership positions available for next year for President, Vice President, Treasurer, and Secretary. Please let us know if you are interested!

MINDFUL MARYSVILLE

The month of May at Marysville is usually all about finding ways to give back to our wonderful community through Marysville Gives Back projects. Although this May looks different than most, we are still excited to continue our MGB tradition, with a few tweaks. We take this time to give back to our community to let others know that we care and to remind ourselves that we always have the power to make a positive difference in the lives of others. This year we will shift how we give but not why we give. Stay tuned for more information on MGB from teachers in the coming weeks!

Our well-being lessons will continue on at home! To access them along with mindfulness activities, information on student anxiety around covid19, and parent resources, be sure to join our Marysville Well-Being Corner through Google Classroom! The class code is dvpkv2v. Click on this <u>video</u> for instructions on how to join. Please reach out if you have trouble logging in or have any questions in general about any of the topics above. I'd love to hear from you.

-Sara Fuller she/her/hers Marysville School Counselor

Remind: @3bbd3g

Mental Health Support Services

FROM THE LIBRARY

Please make sure you are checking the Media assignments this month to see tutorials of how to find ebooks to read digitally in case you do not have physical books to read at home. Also coming this month will be links to practice coding as well as research resources.

The Media Office Hours are as follows:

K-2: Mondays 2-2:30pm

3-5: Wednesdays 2-2:30pm

6-8: Tues and Thurs 2:30-3:00pm

Office hours are a great time to ask any tech help questions you may have, get help with anything posted in the Media assignment, or to just say hi!

Don't forget to check out the <u>Library section of the Marysville</u> website for more at home learning resources (tutorials coming soon).

VIRTUAL SPIRIT WEEK

Marysville will be hosting a virtual Spirit Week from May 11th-15th. Each day we will show our school spirit by dressing in a theme. Take a picture and drop it into your online classroom.

Monday-Fancy Dress Up
TUESDAY-CRAZY HAIR/HAT DAY

Wednesday-Rainbow
THURSDAY-SUPERHERO/COSTUME DAY

Friday-School Spirit

NUTRITION

Here a few nutrition related resources listed below: Food Hero Website. A great site for quick, tasty, healthy recipes on a budget and helpful tips. You can search for recipes based on ingredients you have on hand, watch cooking videos, and check out the fun kids section with tips for getting kids cooking and other fun activities like gardening, Garden Tips, or stay-at-home activities like Food Hero Bingo.

Other sites of interest:

<u>Food Hero You Tube Channel</u>

<u>Food Hero Facebook Page</u>

Physical Activity Videos

-from Rachel Enos from OSU nutrition

SUN

Dear Marysville families, If you have questions or concerns that I can address, I will do my best to answer them. If you (or your children) just want to touch base and talk, please do. Text me (ideally) or leave a message on my SUN cell phone: 503-544-3380. I will get back to you as soon as I can. I miss you all. Please stay healthy.

-Audrey Rozell, SUN Site Manager

Marysville's Digital Citizenship



INTENTION FORM

Will you be back at Marysville next school year? Please fill out this very short intention form to let us know if your children will be back at Marysville for 2020-21. Your feedback will provide us with the information we need to put together class sections. Thanks for your help!

English: https://forms.gle/oFdtGXqiNHQmbTEy6
Spanish: https://forms.gle/TBHJqe3yaLtSyfwF9
Vietnamese: https://forms.gle/LVKiSdbZAoJJdufX8

KINDERGARTEN ENROLLMENT

Do you have a child ready for kindergarten in 2020-21? Families can now enroll online! Visit the district website for more information: https://www.pps.net/Page/14787